

NKY KEEP IT BRIEF

ERLANGER

Former NKU president Boothe to speak

Leon Boothe, retired president of Northern Kentucky University, will speak about his "Revisit to Asia" at the Saturday meeting of the Christopher Gist Historical Society. Lunch will be served at 12:30 p.m. at Colonial Cottage Restaurant, 3140 Dixie Highway, in Erlanger.

John Naber, president of the society, will preside. Alice Kennelly Roberts is publicity chair.

Reservations can be made with Colleen Albers, 859-431-4695.

NEWPORT

Opening Day party Sunday on levee

Newport on the Levee will hold an Opening Day party 4 to 7 p.m. Sunday to celebrate the Cincinnati Reds' home opener the next day, March 31 against the Arizona Diamondbacks. The event will include a hot dog-eating contest and visits by the Reds mascots, Gapper and Mr. Red Legs. The hot dog-eating contest winner will receive two tickets to Opening Day. There will also be live music, games, contests and activities for children. Several Levee businesses will also offer discounted drinks, food and Reds merchandise.

Reserve to begin serving lunch

Reserve Restaurant and Piano Lounge will begin serving lunch today. The restaurant will be open for lunch daily 11 a.m. to 3 p.m. The lunch menu will feature a prime rib sandwich, salmon salad and flatbreads. Live entertainment will also be available noon to 1:30 p.m. daily. Reservations are not required. The restaurant opened in November at Newport on the Levee.

EDGEWOOD

Volleyball summer league deadline April 18

The entry deadline for the city of Edgewood's recreational coed sand volleyball summer league is April 18.

The entry fee is \$175. League play begins May 7. Call Kim Wolking at 859-331-5910 for information.

'Hurrah for Bollywood!' at Gateway Thursday

Gateway Community and Technical College will hold "Hurrah for Bollywood!" a look at India's film industry, 6 to 9 p.m. Thursday at the Allied Health/Sciences Center on its Edgewood campus, 790 Thomas More Parkway.

The free event will feature a sampling of Indian dishes and a screening of "The Namesake," a film about struggling to meet the cultural expectations of two worlds. A discussion of Bollywood vs. Hollywood will follow.

FORT MITCHELL

Ethics board to elect officers April 9

The Fort Mitchell Ethics Board will hold its annual organizational meeting at 5 p.m. April 9 in the council room of the city building, 2355 Dixie Highway.

The purpose of the meeting is to elect officers and review financial disclosure statements. There are no cases to be heard.

VILLA HILLS

Softball leagues available Sundays

Franzen Fields Softball League in Villa Hills has men's and co-ed leagues available. Play begins the last week of April. Leagues available are:

Co-ed league, 6:15 p.m. and 7:15 p.m. Sundays (men use wooden bats).

Men's "wooden bat" league, Sunday afternoons.

Entry fee is \$425 per season, including a double elimination tournament. Balls, wooden bats and umpire provided.

Information: 859-512-5885.

RECREATION

Belly dancing classes to begin April 7

Town & Country Sports & Health Club will offer belly dancing classes this spring. Two six-week sessions begin next month.

Classes will be held Monday nights beginning April 7: 6 p.m. for beginners and intermediate classes at 7 and 8 p.m.

On Thursday, classes will be held at 7 p.m. for beginners and at 6 p.m. and 8 p.m. for intermediate students.

The cost is \$40 for members and \$45 for non-members.

Information: 859-442-5800

FITNESS TIPS

Measure heart rate to judge workout intensity

I keep reading about the intensity of workouts. How do I figure out my intensity, so I am burning fat?

Christy, Newport

It is very important to know the range of your heart rate while working out. This helps you determine if you are burning fat efficiently.

For low-intensity workouts:

■ Male: subtract your age from 220 then multiply that by 0.65 to determine your per minute heart rate

■ Female: subtract your age from 226 then multiply that number by 0.65

This number equals where your heart



Messmer



Heiss

subtract your age from 220 then multiply by 0.8

■ Female: subtract your age from 226 then multiply by 0.8.

This number equals where your heart rate should stay for a moderate-intensity

Historical society wants HQ

Group asks for old clerk's site

By Kari Wethington
kwethington@nky.com

BURLINGTON – The Boone County Historical Society is asking the county to use a portion of the Old Boone County Clerk's Building – the small white structure that sits behind the county administration building in Burlington – as a meeting place, program center and museum.

It would give the group the opportunity to finally display in one place the items it has collected over the years, including books, quilts and other keepsakes.

"We'd like a place where we can display those items and where everyone can enjoy them, rather than have it all just stored in boxes," said Ann Leake, president of the Boone County Historical Society.

Leake said Burlington is an ideal spot for the nonprofit group to attract visitors during events such as the

well-attended haunted Halloween tours.

"There would be times when we would like to have it open to the general public, and it might even encourage more people to donate their own (historical) items," she said.

The group submitted a proposal to the county, and is setting up meetings with officials to work out details in hopes of making the project a reality.

The building is used for Historic Preservation Review Board meetings and for activities through the parks department.

Security is one concern. Leake said the group would like to add a gate and seal some of the building's windows to help safeguard the collection.

Whether it can set up shop in the old clerk's building or elsewhere, Leake said the group would be excited to share its collection with the

Boone Co. meetings

Today
Friends of Boone County Arboretum: 6:30 p.m., Boone County Extension Service, 6028 Camp Ernst Road, Burlington. 859-586-6101.

Tuesday
Boone County Fiscal Court: 5:30 p.m., 2950 Washington St. 859-334-2196. First-floor fiscal courtroom. Judge-executive Gary Moore, 859-334-2240.

Florence City Council: 7 p.m., Florence Government Center, 8100 Ewing Blvd. Mayor Diane Whalen, 859-647-8177.

March 31
Boone County Greenways Plan Public Workshop: 4-7 p.m., Boone County

Public Library, 1786 Burlington Pike, Burlington. Boone County Planning Commission, 859-334-2196.

April 1
Florence City Council: 7 p.m., Government Center, 8100 Ewing Blvd.

April 2
Boone County Planning Commission: 7 p.m., 2950 Washington St. 859-334-2196. First-floor fiscal courtroom. 5 p.m., Zone Change Committee.

April 7
Boone County Greenways Plan Public Workshop: 4-7 p.m., Walton-Verona High School cafeteria, 30 School Road, Walton. Boone County Planning Commission, 859-334-2196

public.

"Anyone who is interested in history, and especially in the county's history, would be excited about having access to those things," she said.

The topic will be discussed at the society's meeting at 7 p.m. Thursday at the Florence Government Center.

For more information, call Ann Leake at 859-485-1063.

\$2.5 million

Amount owner Paul Groen spent to rebuild restaurant.

30

Age in years of the previous building.

10

Number of area McDonald's restaurants owned by Groen



Buzz Paugh, owner of Paugh's Interior Systems, installs a suspension grid for a suspended ceiling in the Crescent Springs McDonald's restaurant, which is being rebuilt.

The Enquirer/
Patrick Reddy

Fast food restaurant owner rebuilds location

30-year-old building gets replaced

By Howard McEwen
Enquirer contributor

CRESCENT SPRINGS – Paul Groen, an owner of 10 area McDonald's restaurants, has invested \$2.5 million in a teardown and rebuild of his Crescent Springs location.

Groen said the investment is part profitability and part gratitude.

"The restaurant was about 30 years old, and I felt that the physical plant was tired and worn out," said Groen. "When you get a restaurant that was aged like that, you get inefficient. The new restaurant will be more efficient and more profitable long-term."

"Also, the Crescent Springs community has been very good to me, and I wanted to thank them for their loyal patronage by putting something back into it."

Crescent Springs mayor Jim Collett has been impressed with the rebuild.

"I think it's going to be a very positive thing," said Collett. "It doesn't look like a McDonald's – different architecture, all new features. It's their new model."

Collett said the new store, just off Interstate 75 and Buttermilk Pike, benefits more than just his city.

"One of the things I mentioned when they were planning this thing is that we're a gateway for those taking a trip south on 75 – a McDonald's that is state-of-the-art is a positive thing for the entire Northern Kentucky area."

The new design will feature an indoor playground, computer games, dual drive-throughs and Wi-Fi access. It opens the first week of April.

"It's going to be the McDonald's of the future," Groen said. "It's going to be the type of store that when you walk in you will say, 'wow.'"

The golden arches may be in Groen's DNA. His father, Lou Groen,

opened store No. 66 on North Bend Road in Monfort Heights in January 1959, when the younger Groen was 8 years old.

"He paid me 10 cents an hour to pick up paper in the parking lot," said Groen. "When I did a good job, he gave me a raise of 15 cents."

Paul Groen just opened his 10th restaurant, McDonald's No. 33,056, in Owenton.

Groen said the biggest change he's seen from his father's first store is technology – a feature that figures prominently in the restaurant in Crescent Springs.

"Technology would be the biggest thing," Groen said.

"The kitchen equipment package resembles nothing what it did 50 years ago. It's amazing how technology has play in food production and food safety, but the quality of the food hasn't changed."

Council to dedicate ballpark to veteran city clerk Huber

By Scott Wartman
swartman@nky.com

COLD SPRINGS – Carole Huber's mark on the city of Cold Spring can still be felt.

The veteran city clerk died of breast cancer last June, but her memory lingers.

The baseball diamond on the property of City Hall will bear her name after City Council dedicates the field to her today.

Huber worked for 23 years as Cold Spring's city clerk up until her death at the age of 62.

"She had such an immense impact," said Mayor Mark Stoeber. "She saw the city grow. She held it

together over 25 city council members and five mayors. She was the glue that really held the city together through all the growth."

The Cold Spring resident began her city career in 1983 as its planning and zoning secretary.

Huber was appointed city clerk in 1984. She became a certified Kentucky municipal clerk three years later.

In 1988, she also became Cold Spring's planning and zoning administrator and building inspector.

"To have the ballfield named after her as a lasting memory of, in some way, a founder of the city is very fitting," Stoeber said. "She literally loved the city."

Campbell Co. meetings

Today
Cold Spring City Council: 7:30 p.m., 5694 E. Alexandria Pike, Mayor: Mark Stoeber, 859-441-9604

Newport City Commission: 7 p.m., 998 Monmouth St., Mayor: Tom Guidugli, 859-292-3666

April 1
Dayton City Council: 7 p.m., 514 Sixth Ave., Mayor: Ken Rankle, 859-491-1600.

Highland Heights City Council: 7:30 p.m., 175 Johns Hill Road, 859-441-8575.

Kenton Co. meetings

Today Park Hills City Council: 7:30 p.m., city building, 1106 Amsterdam Road. City Clerk Julie Alig: 859-431-6252.

Crescent Springs City Council caucus: 7 p.m., city building, 9 Buttermilk Pike. City Clerk Melanie Jones-Gant: 859-341-3017.

Tuesday
Kenton Fiscal Court informal caucus: Courtroom 3B, county administration building, 303 Court St., Covington.

Deputy Judge-executive Scott Kimmich: 859-392-1400.

Debbie Messmer and Nick Heiss are trainers at the Campbell County YMCA; contact them at dmessmer@cincinnatiymca.